



The Arc of South Carolina
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The Arc of South Carolina is proud to partner with the University of South Carolina and AmeriCorps to host our Annual PB&J Sandwich-Making Competition at USC's Russell House on Saturday, January 13, 2024.

Uniting Americans in service for the MLK Day of Service and throughout the year

Columbia, South Carolina (November 17, 2023) – The Arc of South Carolina's PB&J sandwich-making competition is designed to be a fun way to engage people with and without disabilities to work together to help those in the Midlands who are experiencing food insecurity.

Americans of every age, ability, and background are invited to come together to celebrate Dr. King by strengthening communities, empowering individuals, bridging barriers, and creating solutions.

We are honored to be part of the MLK Day of Service and to support our community to develop projects that engage volunteers with and without disabilities to work side-by-side to serve their fellow citizens. Come volunteer to make lasting memories and honor the life of Dr. Martin Luther King, Jr. through a "day on, not a day off."

Sign in at 9:00 a.m. at Davis Field (next to the Russell House at USC). The competition will last from 9:30 a.m. until 12:30 p.m., or until supplies run out. The competition will take place in Ballroom #207 on the 2nd floor of the Russell House located at 1400 Greene St. Columbia, SC 29208. All sandwiches will go to assist those facing hunger right here in the Midlands.

Participants and volunteers are asked to register at tinyurl.com/PBnJVolunteer2024 and are encouraged to bring donations of peanut butter, jelly, and sliced bread to the event. Donations can also be dropped off at The Arc of South Carolina at 1202 12th St. Cayce, SC 29033 until January 12th. Please call 803-748-5020 to arrange a drop-off.

Please visit arcsc.org/MLK for more information about this event, and feel free to email us at thearc@arcsc.org if you have any questions.

Thank you for your support.

Achieve with us.